

Resilience, Rights and Respectful Relationships (R.R.R.R.)

The R.R.R.R. program is a Victorian Government initiative being delivered through all Victorian government schools (Foundation – Year 12) to change the social and cultural story around family violence.

Respectful Relationships supports schools to promote and model respect, positive attitudes and behaviours. It teaches our children how to build healthy relationships, resilience and confidence.

The program runs over a two-year cycle and has been part of our whole school curriculum since the beginning of 2018.

Encompassing 8 key areas of learning:

1. Emotional Literacy (Term 1, Even Year)
2. Personal Strengths (Term 2, Even Year)
3. Positive Coping (Term 3, Even Year)
4. Problem Solving (Term 4, Even Year)
5. Stress Management (Term 1, Odd Year)
6. Help Seeking (Term 2, Odd Year)
7. Gender and Identity (Term 3, Odd Year)
8. Positive Gender Relations (Term 4, Odd Year)

Poowong Consolidated School has all resource books from F-6. Electronic copies of the R.R.R.R. year level books can be found at:

<http://fuse.education.vic.gov.au/ResourcePackage/ByPin?pin=2JZX4R>

As part of our core business of teaching the whole child the Personal and Social Capabilities are an integral component of all our program delivery. Specifically teaching Social and Emotional Literacy to every child to be able to develop resilience, demonstrate respect in their interactions with others and developing a positive attitude towards themselves and their peers as learners.

The learning materials are sequences and each Unit build upon the previous to promote student resilience, personal wellbeing and positive social attitudes. Containing a mix of explicit teaching activities, teacher lead discussions and role play and problem solving, the program provides positive social and emotional strategies to manage behaviours, ways to build positive relationships (including gender relationships) and strengthen social cohesion.

Many of the activities may require additional resources or activities made ahead of time. Please make sure you are well prepared before teaching each activity. Many of the Units provide opportunity for expansion or extension from other sources. Many of the classes across the school are familiar with and utilise the 'Zones of Regulation' as a valuable tool for discussing and checking in with children emotionally.

The success of the program is dependent on our effort as team and regular workshops will be a part of our professional meetings in 2019.

Opportunities to train in the R.R.R.R. program will be advertised throughout the year. Online training can be done at: <http://deecd.tech-savvy.com.au> using your DET number

For additional information and support speak with Zeb Hill (Welfare Co-ordinator).