

# PCS NEWS

Friday 27th May 2022



**I**ntegrity  
**G**rowth Mindset  
**R**elationships  
**O**penness  
**W**elcoming and Inclusive

## A Message from Mrs McKenzie

### \*\*\*\*REMINDER- STUDENT FREE DAY NEXT WEDNESDAY\*\*\*\*

Well it has certainly been a huge fortnight, with staff changes and people out with COVID and the flu. It has certainly been a mission to ensure that every grade is covered, every day! We have been so worried about many of our children with flu symptoms and the increase of croup and asthma flair ups. It seems to be affecting many of our families. I would like to say a personal thank you for all the emails, messenger messages, video messages and cards from when I was out with COVID. It is so great to be back on deck. A huge thank you to Mrs Turner and Mrs Wilson for keeping the helm running in my absence. We have also had lots of kids with broken fingers, broken wrists and broken arms this term. We hope for speedy recoveries for all of you!

### Staffing Update:

As you would be aware from my Sentral posts, today is Jesse's last day in the office. The position closes next Wednesday on Recruitment Online and, in the meantime, we will have Chloe and Heather in the office to ensure you are looked after. We would like to wish Jesse a fantastic 12 months ahead at Leongatha SC and the opportunities for growth ahead.

I would like to announce that Heather will take over as Business Manager from Chloe when she goes on 12 months leave at the end of next week. Heather will be training with Chloe over the next week to ensure she is on top of all the finance requirements of the office. Some of you may be aware that Heather has a banking/finance background, so she will be a great fit for the office and has already filled in in the office on many occasions.

### CASEA Session

A huge thank you to our group of parents who came along to the Childhood Anxiety workshop, run by Jess, our CASEA worker. Jess is planning another session later this term on Mindfulness for Kids (great calming strategies). We are locking in a date this week and I will get this out to you ASAP. Parent and student groups with Jess and Leanne are starting this week.

### Division Cross Country at Stony Creek

Well done to all of our students who represented our school at the Division Cross Country yesterday. Thank you to Libby who took our kids who needed transport. Congratulations to Nick and Olivia who move on to Lardner!

### Open Morning

We will be holding an Open Morning on Tuesday 21st June for our community, families and prospective enrolments for semester 2 and for 2023. We hope you can come along between 9.30-11am and watch our classes in action.

### Family Maths Night is Returning in Term 3!

We are looking forward to running our very popular Family Maths night next term. Look out for the dates in the calendar!!

### Outdoor Cinema Night- 3rd September

Lock in your diaries the 3rd of September as we will be hosting an Outdoor Cinema experience. Tickets will be available (and the movie!!) soon. We will be holding a raffle on the night, and selling popcorn, drinks and a BBQ.

Have a wonderful fortnight,  
Cate

## COMING UP...

### TERM TWO

May 31 - City Excursion - Grade 5/6  
Jun 1 - Combined Professional Practice  
Day - No Students at School  
Jun 2 - Regional Cross Country  
Jun 9 - Lightning Premiership  
Jun 13 - Queen Birthday Public Holiday  
No Students at School  
Jun 15 - School Council  
  
Jun 21 - Open Morning 9.30-11am  
Jun 22 - Semester 1 Reports go live  
Jun 24 - End of Term - 2:30pm finish

### TERM THREE

Jul 11 - Curriculum Day  
No Students at School  
Jul 14 - State Cross County  
Aug 17, 18 & 19  
5/6 Camp - Marysville  
Aug 24, 25 & 26  
3/4 Camp - Mill Valley Ranch  
Sep 2 - District Basketball - Korumburra  
Sep 9 - Division Athletics  
Sep 16 - End of Term - 2:30pm finish



**IT'S NOT OK  
TO BE AWAY**

# CROSS COUNTRY



Congratulations to the students who participated in the district cross country at Stony Creek on Thursday. We are so proud of your effort and sportsmanship. A special congrats to Nick & Olivia Maddocks who received 5th & 11th place and will move forward to regionals at Lardner Park on June 2nd.



# THE WRITERS CORNER

This term we have been writing persuasive texts. The Preps have discussed and chosen animals that they think would make the best pets, giving a reason for their choice.



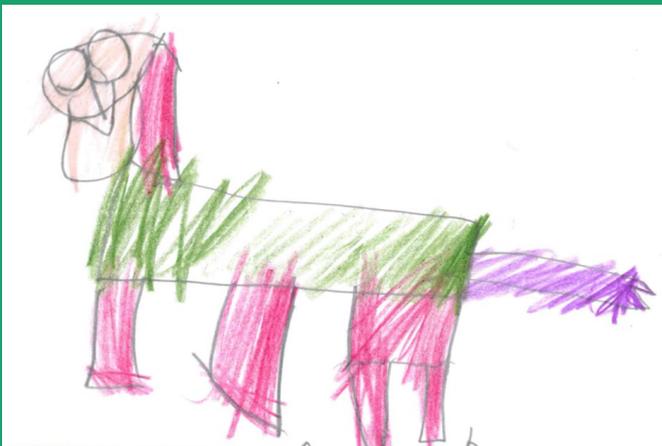
I want a snake for a pet because it can wrap your arm.  
Lolly Cole



I want a unicorn for a pet because they can magic you things. They can help you with stuff.  
Matilda Miller



I want a zebra for a pet because they would protect us. Oskar Mallia





## Every Day Counts

### Attendance fact sheet for primary school students

School is better when you're here

## Do I have to go to school?

Yes, in Victoria everyone aged from 6 – 17 has to go to school.

Missing one day a fortnight is the same as missing 4 whole weeks of school a year.

From Foundation to Year 12 that adds up to 1.5 years of school!

School is better when you attend. Your friends and your teachers notice that you are away and wonder if you are OK.

## **WHY IS IMPORTANT THAT I GO TO SCHOOL EVERY DAY?**

Right now, being at school is the most important thing you need to do for your future. School helps you build good habits for later on in life. You might think school is just about Maths and English but you're also learning about how to work with other people and how to solve problems.

Being at school every day also means you are becoming more independent as a learner and interacting with your friends and teachers. If you are at school you can get help from your teachers and friends and won't have to try to learn things in your own time.

Being an adult probably seems far away but we know that young people who attend school more frequently have better outcomes after school too. This means they earn more money, have better job opportunities and are generally healthier. So being at school really does make a difference!

## Do my parents need to let the school know if I'm going to be away?

Yes. Your parents need to notify the school of your absence as soon as they can within three days of your absence. If they know you are going to be away, they should try to tell the school before the day or days you are away.

If you're away from school too much and don't have a reasonable excuse like a serious illness, your parents might get a letter from the principal asking about why you're away.

## Are there any good reasons to be away from school?

No. Unless you are so sick you can't get out of bed or there is an event like a funeral, you should be at school. Every day you are away is a day of classes and social connection you miss out on. Taking a day off for your birthday or go shopping isn't a good reason to miss school.

Even medical and health appointments should be made either before or after school or during the school holidays. This includes family holidays. Your parents are encouraged not to plan holidays during the term but to organise these during the school holidays.



If you do have to be away for some reason, your parents need to contact the school and let them know what's going on. Depending on the situation, the school might provide schoolwork for you to complete.

## if I'm not at school What do I miss out on?

You miss out on all the big stuff – class discussions and all the interaction that happens in a classroom, the chance to get help from teachers and the opportunity to practice skills and gain knowledge.

Being away means you might miss out on a lot of learning or that you need to catch up in your time.

If all of that isn't enough to convince you to be at school every day, being away also means you also miss out on playing with your friends. Being away from school a lot can be lonely. It has a big impact on relationships and social connections.

Believe it or not, everyone wants you at school and it really is better when you attend.

## What if I'm having problems getting to school?

Getting to school on time everyday can be about having a good routine.

If you find yourself running late or missing school because you're disorganised, try:

- Asking your parents for help getting ready
- Having a set time to go to bed
- Leaving all technology out of your bedroom
- Packing your school bag the night before with everything you need
- Having a set time for breakfast
- Planning to meet up with a friend so you can travel to school together.

Sometimes, though it can just be hard to go to school.

You might feel overwhelmed by the work or things might be tough with your friends.

Maybe you don't feel safe at school or you really dislike a teacher or things at home aren't great. Perhaps you're feeling down or anxious and don't even really know why.

Whatever the situation is, staying away from school isn't the answer. Many people want to help you. Try talking to:

- Your parents or another adult family member
- A trusted teacher
- Wellbeing Coordinator or the school counsellor
- Another trusted adult like your coach

### Useful websites/contacts

**Kids Matter** - [www.kidsmatter.edu.au](http://www.kidsmatter.edu.au)

**Youth Beyond Blue** -  
[www.youthbeyondblue.com.au](http://www.youthbeyondblue.com.au)

**Headspace** - [www.headspace.org.au](http://www.headspace.org.au) or e-headspace [www.eheadspace.org.au/](http://www.eheadspace.org.au/) for online counselling & support

**Reach Out** – [www.reachout.com](http://www.reachout.com)

**Kids helpline** - 1800 55 1800 24 hours a day, 7 days a week or [web counselling](http://www.webcounselling.com.au)

SOUTH GIPPSLAND  
Kindergarten  
Central Registration



**CENTRAL REGISTRATION OPENS 1 MAY**

To register your child for three-year-old or four-year-old kindergarten for next year visit the South Gippsland Shire Council website from 1 May and simply complete a registration form nominating your kindergarten preferences. To be included in the first round offers you must register by 30 June.

You can register at [www.southgippsland.vic.gov.au/centralenrolment](http://www.southgippsland.vic.gov.au/centralenrolment)  
For more information, please phone 5662 9200 or text your contact details to 0447 965 850 and we will call you back.

**POOWONG CAFÉ & TAKEAWAY**

**LUNCH ORDER MENU**

Potato Cake	\$1.00
Fried Dim Sim	\$1.00
Steamed Dim Sim	\$1.00
Chicken Nugget	\$1.00
Party Pie	\$1.20
Sausage Roll	\$1.20
Ham & Pineapple Pizza	\$3.00
Moka Dog (Battered)	\$3.20
Hot Dog	\$3.50
Chicken Wrap (GF)	\$3.50
Chicken Strip Salad (GF)	\$4.50
Super Spud	\$4.50
Cheese & Salad Sandwich	\$4.00
Ham Cheese & Tomato Sandwich	\$4.00
Jam Donut	\$1.20
Tropical Prima	\$1.50
Big M - Chocolate	\$2.00
Big M - Strawberry	\$2.00
Frozen Yogurt	\$2.00



**Open Day**

**Saturday 21 May**  
10am - 2pm

Register now [stpaulsags.vic.edu.au](http://stpaulsags.vic.edu.au)

**NYORA Medical Centre**

Receive friendly, caring, professional service at Nyora Medical Centre

Our experienced GP's and Health Professionals can help you with a wide range of medical needs to ensure your maximum wellbeing. To ensure you receive the very highest level of care in the delivery of our services, we maintain excellent facilities and equipment.

To see one of Nyora Medical Centre GP's or Health Professionals, please call ahead to make an appointment.



Monday - Friday | 9am - 5pm  
Saturday | 9am - 1pm  
42 Davis Street Nyora  
Ph: 03 5659 0070  
E: [reception@nyoramedicalcentre.com.au](mailto:reception@nyoramedicalcentre.com.au)



**COULD YOU FOSTER A CHILD?**

We **URGENTLY** need **Foster Carers in your area.** Enquire now on how you can help change a child's life.

[Canifoster.com.au](http://Canifoster.com.au) | 1800 932 273

**DON'T FORGET CURRICULUM DAY WEDNESDAY 1ST JUNE 2022**  
**NO STUDENTS AT SCHOOL**